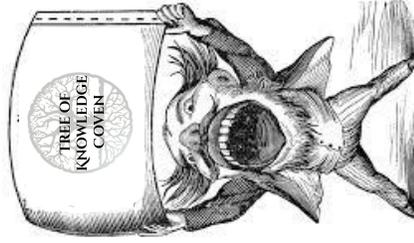


*Thank You For
Joining Us!*

Join us next week for an
introduction to scrying.
No need to bring a crystal ball!
Each guest will receive a black
mirror for scrying as a gift to take
home, so please send a text to
812-447-7902 with your name so
we can save one for you.



Coming Up Next!
**Scrying & Crystal Gazing
For Beginners**

January 29th @ 5-6 pm

Tarot Reading for Beginners

HOSTED BY
BRITTANY PHILLIPS

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The Origins of TAROT

Traditional playing cards were first seen in Europe in 1375, having been brought over from the Islamic societies where they had been used for centuries before that. However, it wasn't until 1440 that the cards that were most likely the origin of Tarot cards were first mentioned. It does appear, however, that the first Tarot decks were created as a game!

The decks were used to play a game called "Triumph" that was similar to bridge. In triumph, 21 of the 22 special picture cards were permanent trump cards. The game spread quickly to all parts of Europe. People began referring to as *tarocchi*, which is an Italian version of the French word *tarot*, around 1530.



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3 Card Spreads



PAST



PRESENT



FUTURE

OPTION 1

OPTION 2

OPTION 3

THIS MONTH

3 MONTHS

6 MONTHS

GOAL

OBSTACLE

SOLUTION

STRENGTH

WEAKNESS

ADVICE

YOU

RELATIONSHIP

PARTNER

MIND

BODY

SPIRIT

NEEDS

DESIRES

FEARs



In 1781, in France and England, followers of the occult discovered Tarot cards. They saw the symbolic pictures of the cards as having more meaning than the simple trump cards they were used for at the time. They used the cards as a divination tool, and occult writers wrote about "the Tarot".

The most famous deck is the Rider-Waite, which has been continually printed since 1909. The Rider-Waite deck was designed for divination and included a book written by Waite in which he explained much of the esoteric meaning behind the imagery.



Pamela Colman Smith (who designed the Rider-Waite deck) changed Tarot forever because she incorporated the numbers and meanings of suit cards into little scenes, and when taken together, they tell a story in pictures!

Learn to Read Tarot in 5 minutes

1. PICK THE RIGHT DECK

IMAGERY IS THE KEY TO INTUITION

2. SHUFFLE & CUT THE DECK

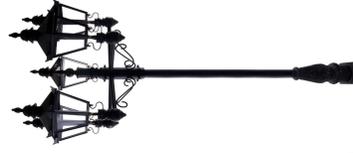
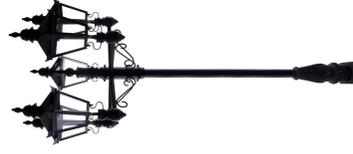
EXPERIMENT TO SEE WHAT WORKS

3. LAY OUT YOUR SPREAD

YOU CAN EVEN CREATE YOUR OWN!

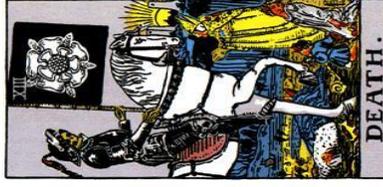
4. FOLLOW YOUR INTUITION

TRUST IN YOURSELF & YOUR GUIDES



Don't Fear the Reaper

Calm down! The Death Card doesn't mean that someone is going to die. In most cases, it means that something in your life is coming to an end, and you will be able to begin something new.



The Devil Made Me Do It

This card isn't as sinister as it appears. The Devil card represents the material world, addiction, or giving into indulgence and laziness rather than taking responsibility for your life.



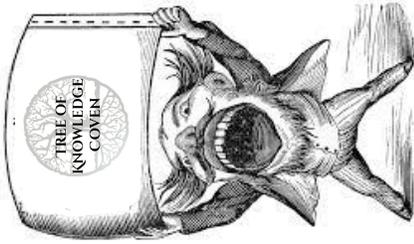
Expect the Unexpected

This is a card that warns of danger, crisis, destruction, and sudden unforeseen changes. If this shows up in a reading, you're gonna fall. However, this cards offers a warning to brace for impact, and a reminder to pick yourself up after.



*Thank You For
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Next week, enjoy a special treat
as we sample a variety of the
amazing teas offered at
AWOKE! Please text
812-447-7902 with your name
so we have enough cups and
snacks for all. Please mention
any food or drink allergies you
might have.



Coming Up Next!

**Tea Leaf Reading
For Beginners**

February 5th @ 5-6 pm

Sample a variety of the delicious
teas available at AWOKE!

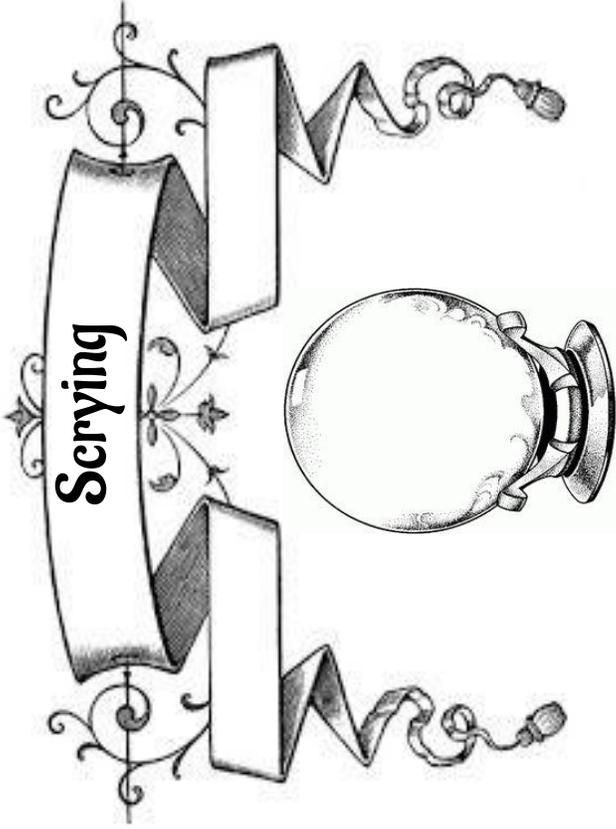
Scrying & Crystal Gazing

For Beginners

HOSTED BY
BRITTANY PHILLIPS

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If you're not a divination expert, you might not know that what one does with a crystal ball is known as *scrying*—a world derived from *descry*, which means to perceive. While the fortune-telling act is based primarily on staring into reflective surfaces like mirrors, stones, and pools of liquid, you can technically scry into pretty much anything. The practice has been around for thousands of years, making appearances in the mystical and religious traditions of numerous ancient civilizations (perhaps most notably the Druids)—as has the sparkling glass ball we've come to associate with it.



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A Dictionary of Dream Symbols

Accident (on road): trusting others too much; something unplanned.

Airplane: a journey; starting something new.

Altar: self-sacrifice.

Anchor: stability; disillusionment; something holding you back.

Apples: desire; longevity and many descendants.

Arrow: pleasure; festivity; writing a letter you will regret.

Baby: joy; responsibility (crying); frustrated plans (laughing); plans fulfilled (sleeping); waiting period; patience.

Balloon: frustration.

Basement or Cellar: suppressed memories.

Battle: internal conflict.

Bath: vitality; long life.

Bells: fulfillment of plans; joy.

Birds: transcendence from one state of being to another.

Birth: transition to a new phase.

Bridge: overcoming difficulties; a change to clean up.

Broom: the ability to clean up.

Bull: stubbornness.

Candle (burning): constancy.

Fairy: flights of fancy.

Falling: failure to meet expectations.

Fan: rivals in passion, an argument.

Feathers (black): loss and failure.

Fire: anger, purification; abundance of energy.

Flowers: productivity; contentment; pleasure.

Flying: freedom.

Glass (clear): a successful future.

Hammer: victory.

Hands (tied): difficulty in getting out of trouble.

Horse: power.

House: represents your body.

Hounds (following): good luck.

Ivy: faithful friendships.

Jail: confinement; frustration; inability to act.

Jumping: success.

Key: a secret; the answer to a problem.

Kisses: satisfaction; completion.

Ladder: ability to climb.

Lamb: peacefulness.

Leaf: impending change.

Light: hope.

Lion: powerful friends and affiliations.

Lizard: transcendence.

Lock: frustration; security.

Mask: falsehood; deception; concealment.

Mirror: scandal or disappointment; reconsider.

Moon: your feelings.

Mother: haven; comfort.

Mouse: a busybody interfering with your affairs.

Needle: family squabble.

Nest: a new home.

Oak: steady increase.

Ocean (calm): reconciliation; opportunity; spirituality.

Owl: wisdom; messenger.

Pirate: suspicion.

Police: trouble with authority.

Pyramid: thirst for knowledge; seeking.

Rabbit: magick, good luck.

Rainbow: great happiness; opportunity.

Rat: powerful enemies, usually unknown.

Ring: completion; loyalty.

River: spirituality; a boundary.

Ruins: failure of plans.

Running: a helpful journey.

Scissors: distrust.

Snake: spiritual wisdom; transcendence.

Snake-bite: infusion of wisdom.

Snow: hidden circumstances.

Soldiers: force; regimentation.

Sunrise: awakening; clearing of consciousness.

Sunset: need to protect assets.

Stars: your hopes.

Swan: beauty; comfort; satisfaction.

Sword: penetrating and cutting; conflict.

Teeth (aching): sickness is coming.

Thief: fear of loss; insecurity.

Thread: tangled situations.

Tree: life principle; psychic development; success.

Tunnel: hiding; being afraid.

Umbrella (open): protection; shelter.

Veil: insecurity.

Volcano: sexual energy; powerful emotions.

Wall: obstacles; frustration; inability.

Water: spirituality; emotion.

Window: a new view of something.

Witch/Wizard: useful discoveries; supernatural abilities.

Wolf: safety and wisdom.

Zoo: confusion.

While scrying is much less popular today compared to tarot, runes, and other divination methods, it is still practiced by many people.

Unfortunately, many professional psychics choose not to use this method because of the negative stereotypes that are associated with it. Crystal balls are often depicted in media with fortune tellers using "smoke and mirror" tactics to trick unsuspecting customers. The truth is, when using crystals, mirrors, or any reflective surface to scry, the material remains the same. No smoke or images appear on the object's surface, but rather, the changes take place in the reader's mind.

Intuition is like a muscle: the more you use it, the stronger it becomes. Everyone is capable of developing their own spiritual gifts. With practice, you may notice that your skills manifest in distinct ways. Perhaps, you hear words in your mind, or see images as if you are daydreaming. Others may experience physical sensations or a "gut feeling". However your personal messages manifest, pay close attention to those senses when scrying.



Scrying At Home

STEP 1: FIND SOMETHING DARK AND REFLECTIVE

The great news about learning to scry is that you don't need to buy anything! You can use a bowl of water (preferably a dark or black one), a painted mirror or picture frame, or nearly any reflective surface.

STEP 2: DIM THE LIGHTS

This practice is best performed in a dark room with dim lighting so that your eyes are relaxed and unfocused. If you are using a candle, position it in a way that the flame won't be visible in your scrying tool.

STEP 3: RELAX YOUR MIND & YOUR EYES

Rather than looking at the surface in a concentrated stare, use a "soft gaze" as if zoning out or looking through it. Gaze at the reflective surface while meditating. It may take a while, but you will feel yourself mentally relaxing and your consciousness expanding. What are you looking for? Hold your Intention in your mind and see what images come to mind. What thoughts pop up? What message do you hear? Be patient, and be open.

Scrying helps us to get in touch with our unconscious minds: the realm of the soul. As such, it can be used as a powerful form of self-understanding and psychoanalysis. If you're struggling to find direction, meaning or purpose in life, scrying could be a wonderful way to get in touch with your core needs, dreams and goals.



If You Enjoy Clairvoyant Forms Of Divination, You May Also Enjoy...

Wax Reading:

Dripping candle wax into water and reading the shape of the wax on the surface once it hardens

Hydromancy:

Water scrying has been used all over the world, and was the method used by the Oracle of Delphi & Nostradamus!

Cloud Gazing:

Seeking omens and symbols in the shape of clouds

Fire Gazing:

Seeking omens and symbols in the shape of flames and smoke

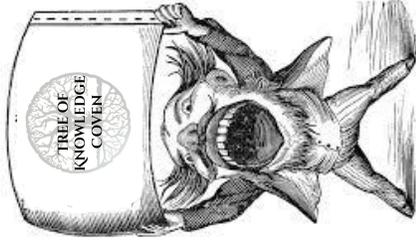
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February 27th @ 1-5 pm

Zaharakos - Whitman Room



Coming Up Next!

Spiritual Protection

Saturdays in March @ 5-6 pm

Learn how to identify and avoid sources of spiritual harm!

**Tea Leaf Reading
for Beginners**

HOSTED BY
BRITTANY PHILLIPS

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Crystal gazing, palmistry, and other forms of fortune-telling were quite popular during the 19th century. Husband divination games were heavily featured at Christmas and Halloween parties in the rural countryside. Professional practitioners of the occult (hidden knowledge) laid the cards for ladies and gentlemen in some of the finest drawing rooms in London. In general, such practices were a great source of entertainment and intrigue... even though these acts were illegal and those involved could face imprisonment!



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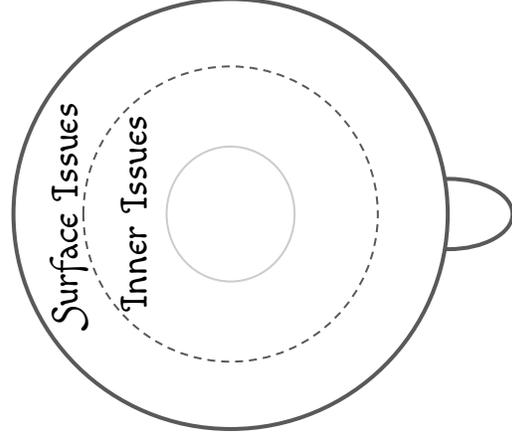
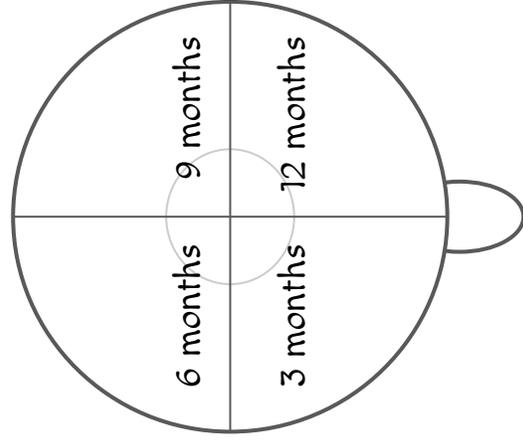
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3 Main Methods For Reading Tea Leaves

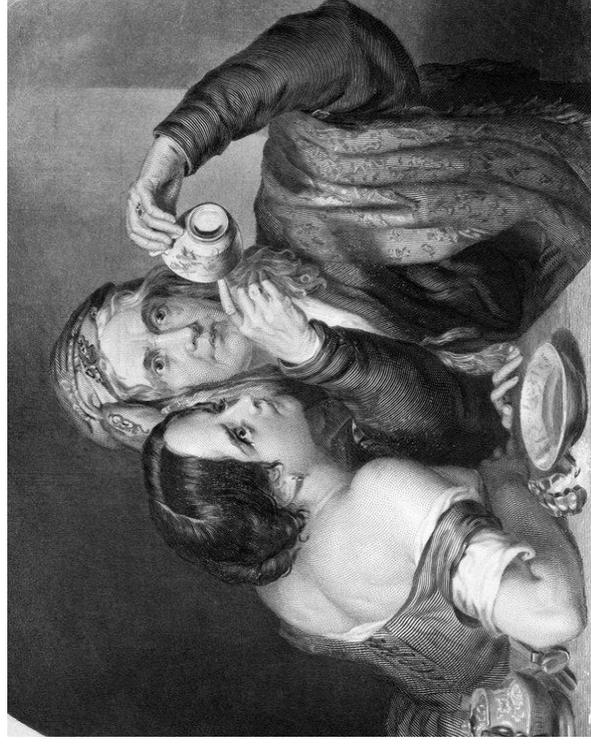
1. The leaves closest to the rim represent things that are closest to you (the present), where the leaves at the bottom are farther away (the future)
2. Leaves on the rim are in the past, leaves halfway down the cup are the present, and the leaves in the bottom are the future
3. The cup is divided into 4 quarters. Going clockwise, the bottom left quarter is the next 3 months. The upper left is the next 6 months, the upper right is the next 9 months, and the lower right is the next 12 months. You can also read the leaves in the top half of the cup as “surface issues” (or mundane problems) and the bottom of the cup as “inner issues” (worries, emotions, etc)



When tea first made its way into Britain from China in the mid-17th century, it was an aristocratic beverage, but as trade fueled falling prices, the general population began drinking it.

Reading Tea Leaves, by a "Highland Seer," is the oldest book on the subject in English. Written in the 18th century, it offered sets of symbols to interpret tea-leaf patterns. The book talks about generations of Scottish "spae wives" (from the Norse spa, meaning "prophecy") peering into their tea cups to tell of things to come.

Victorian era is when tea-leaf reading really had its heyday. Victorians were fascinated not only by the occult, but by the idea of self-analysis, brought on by the work of Sigmund Freud and Josef Breuer during this time.





Potteries began making fortune telling cups to keep up with demand: They came with an instruction booklet and were preprinted with images from the zodiac, playing cards or common symbols in tea-leaf reading. Victorian ladies, who ran the household, began to host social gatherings that often centered around tea — whether drinking it, painting tea cups or divining with it.

This is why certain methods, traditions and symbols of tea-leaf reading were often passed down by the female side of a family through the generations, even in the present day.



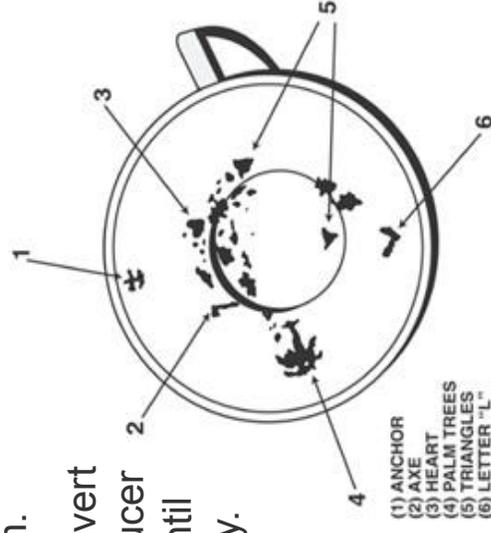
Your Cup of Tea

The Ritual:

Put a pinch of tea leaves in the cup and pour boiling water over them, allowing it to stand about three minutes. Drink the contents of the cup leaving tea leaves and a very small amount of liquid in the bottom.

The person whose fortune is to be told, called the “sitter” or “consultant”, should then take the cup by the handle in the left hand, rim upwards, and move it in a circle rapidly three times from left to right some of the tea leaves will seem to cling to the sides of the cup while others remain in the bottom.

Next slowly invert the cup over the saucer and leave it there until all liquid drains away. Tap the cup 3 times while thinking of your question. Bring the cup right side up with the handle facing you.



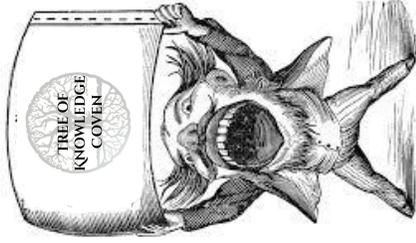
- (1) ANCHOR
- (2) AXE
- (3) HEART
- (4) PALM TREES
- (5) TRIANGLES
- (6) LETTER "L"

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February 27th @ 2 - 6 pm
Zaharakos - Whitman Room



Coming Up Next!

Tea Leaf Reading

February 12th @ 5-6 pm
B

Dowsing for Beginners

HOSTED BY
BRITTANY PHILLIPS

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Dowsing Or Pendulum Reading

Dowsing is a practice that has been around for centuries.

Cave paintings in the Tassili caves of Africa depict men holding forked branches just like the dowsing rods used up until this century. These murals were carbon dated to be over 8000 years old! Humans have always needed water, and dowsing is a way to find hidden water underground. Over time, people began using pendulums or metal rods instead of forked branches. Some even used pendulums to search for lost items and hidden secrets.



Dowsing Congress - 1913

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Ways to Use Your Pendulum

Answer “yes or no” questions

Make decisions with a chart

Predict the gender of a baby

Find missing objects

Choose a location on a map

Connect with your intuition

Decide what spiritual studies to pursue
by making a chart

Fan out tarot cards and choose
cards with your pendulum

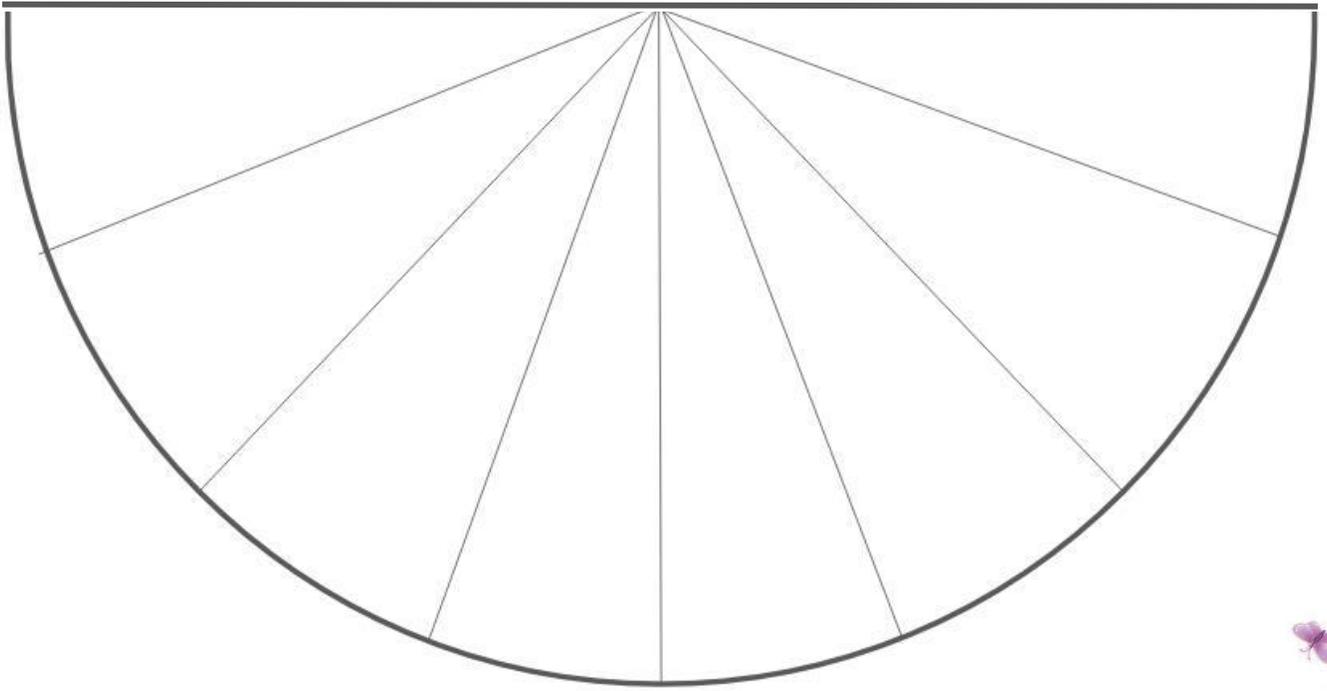
Treasure hunting in the woods

Dowsing (also known as divining or water witching) is the practice of using a tool to find water, lost items, gravesites, metals, or other treasures hidden underground. Pendulums can be used to find similar targets, but this tool is more often used as a tool to answer “yes or no” questions and to connect with one’s intuition and higher self

There are still people today that study water dowsing and are consulted to help find underground water on farms or construction sites. Though this art originally involved a forked branch, it is more common to find dowzers using metal rods today. If you are curious about trying this at home, you can make your own dowsing rods fairly easily with a metal coat hanger and some wire cutters.

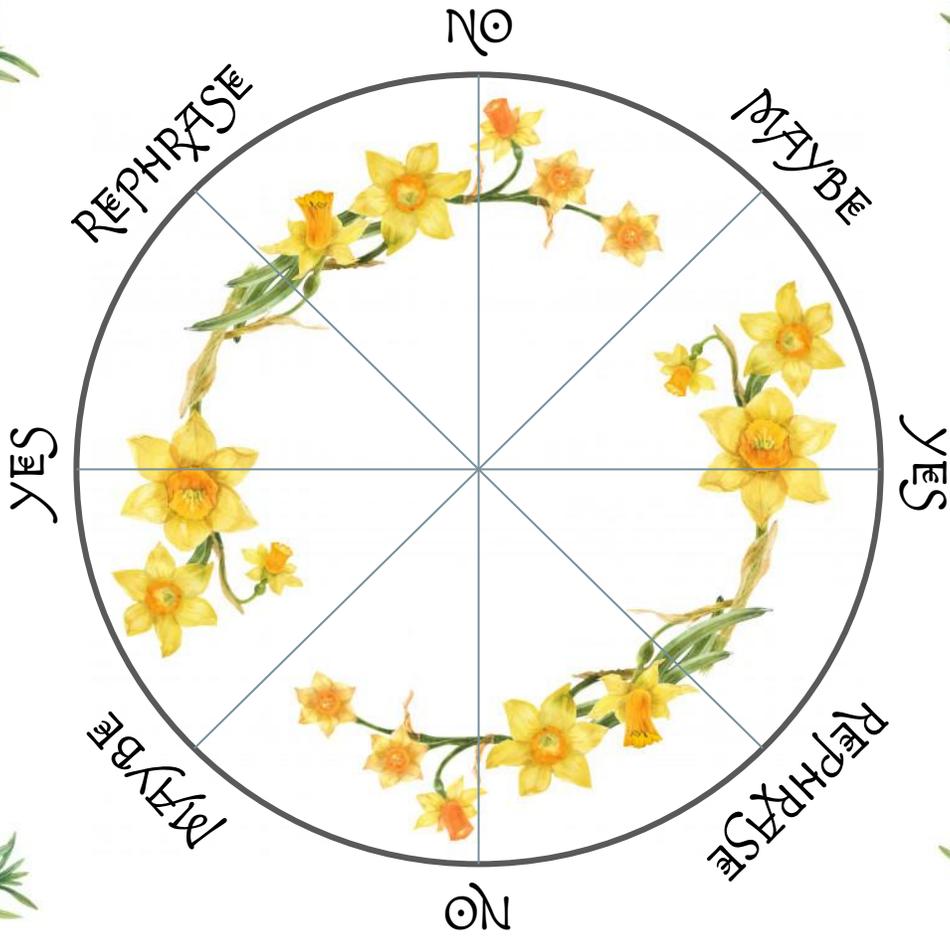
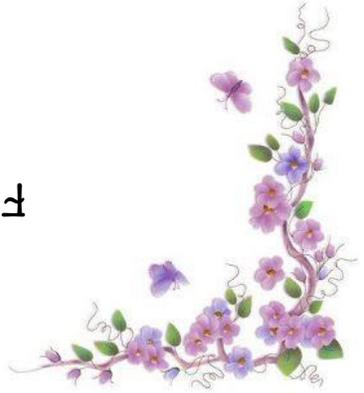
You can also use a crystal on a chain, a necklace, a needle and thread or any other dangly object to help you find missing objects! Before using a pendulum, ask the pendulum to show you a “yes” answer. Then, ask it to show you a “no” answer. Proceed to ask questions and follow the pendulum’s answer, similar to a game of “Hot & Cold”.





Fill out the chart and let the pendulum decide!

Pendulum Chart



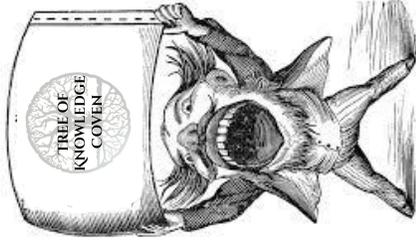
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Coming Up Next!

Dowsing For Beginners

February 12th @ 5-6 pm

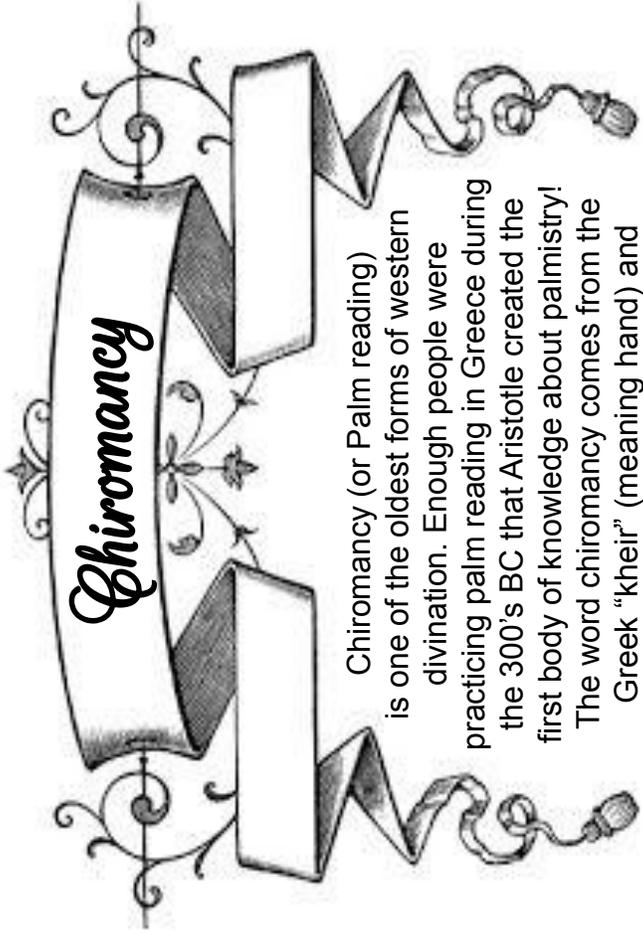
Bring a pendulum, necklace, or we will have a few available to borrow

Palmistry For Beginners

HOSTED BY
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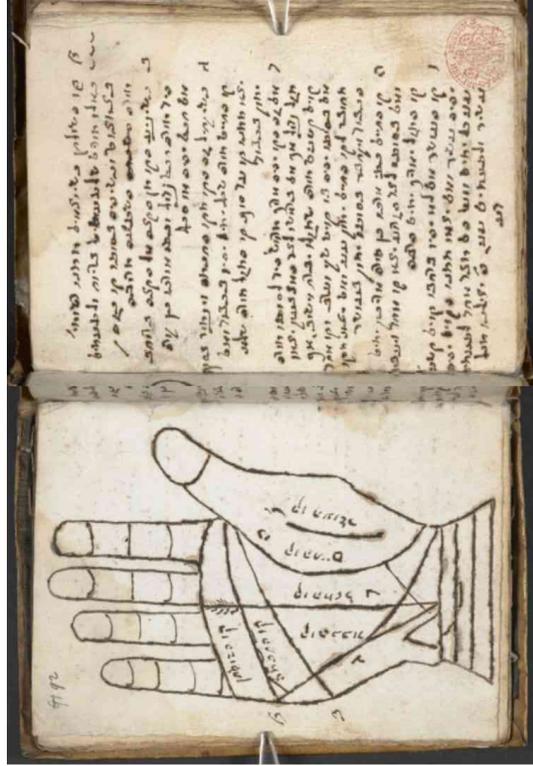
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Chiromancy (or Palm reading) is one of the oldest forms of western divination. Enough people were practicing palm reading in Greece during the 300's BC that Aristotle created the first body of knowledge about palmistry! The word chiromancy comes from the Greek "kheir" (meaning hand) and "manteia" (meaning divination).

Though palm reading has been practiced by cultures throughout the world for millennia, it's less popular today. However, it's still a fun way to get to know a person and an interesting ice-breaker at parties. If you are wanting to study palmistry in depth, you can find meaning in the shape of fingertips, finger prints, skin texture, fingernails, thumb length, moles, wrist lines, and knuckle shape.



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Aside from interpreting the lines, mounts, and various little features of the hands, you can also get a look at peoples day-to-day lives by the state of their hands. Nail-biting, cigarette caulouses, scars, and muscle all tell a story about a person's career, passions, and mental state. This is why it can be a load of fun to offer palm readings at a party! The hands of a guitar player or pianist will look very different than those of a factory worker or a nurse. Take a look at your own hands. What little details do you notice?

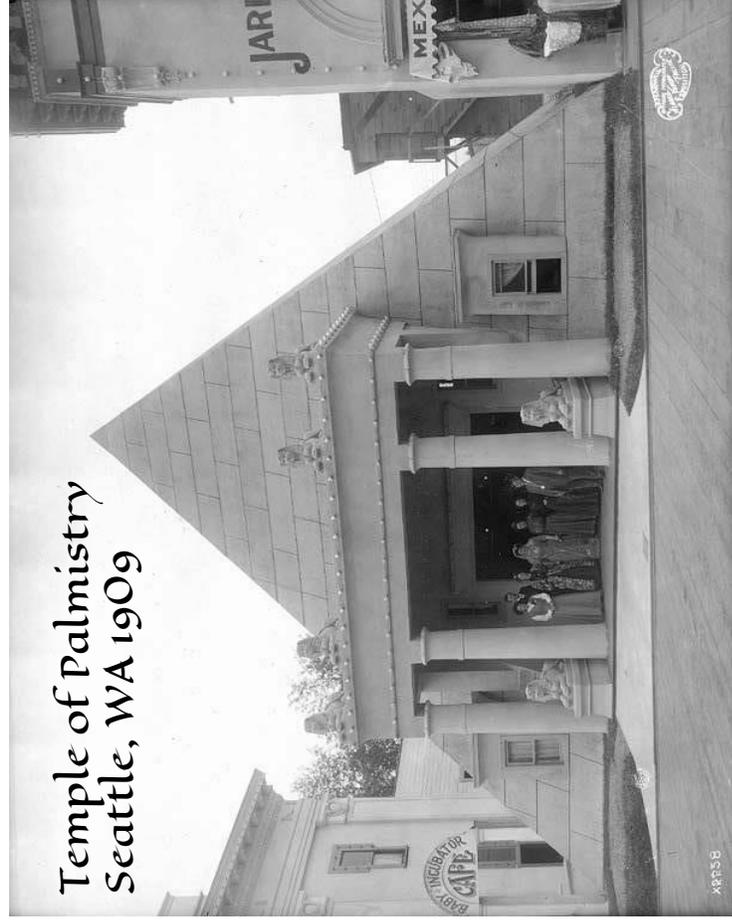
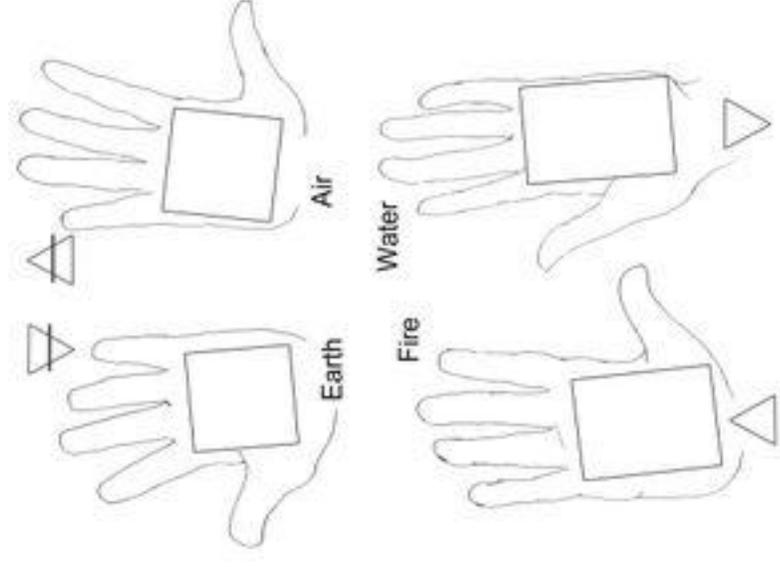
Even the shape of a hand can give you clues about a person's personality!

Earth: Practical, hard working, logical, reliable, problem solver, Maybe a little boring

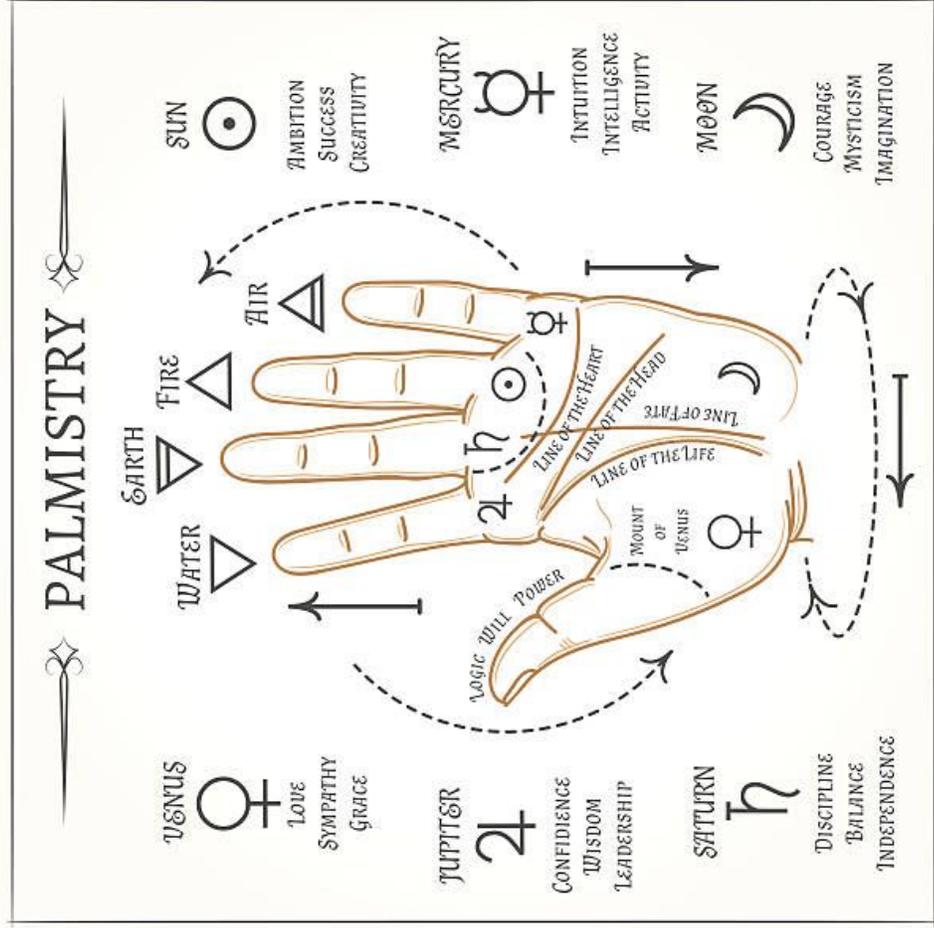
Air: creative, easy going, great friend to talk to, little forgetful, anxious

Fire: Strong willed, brave, good leadership skills, keeps it interesting, can be selfish

Water: compassionate, spiritually inclined, intuitive, cares deeply, gets hurt easily



Most people are familiar with the idea of reading the lines in a palm, but you can also look to the mounts of the palm for information. These mounts were named by palmists in ancient India after the sun, moon, and the five planets that are visible by the naked eye. Each mount has its own qualities (which you can find in the chart below). A high mount shows an abundance of these qualities, where a low mount may indicate that you may be lacking.



All About the Lines

A person with “busy hands”, or a lot of lines, has a nervous temperament and a busy mind. A person with “empty hands”, or very few lines, is more laid back and leads a calmer life.

Life Line: No worries! A short life line does not indicate a short life. A life line that stays close to the mount of venus indicates that the person is very close their home and family. A line that curves closer to the center of the palm indicates a wanderer who enjoys adventure. If the line branches, the person may be torn between the two!

Head Line: A clean line indicates a clear thinker that is very goal oriented. A messier line may be distracted or anxious. A line that travels straight across the palm is a sign of a practical, logical mind, where a curved line may be more imaginative and creative. A forked line (or “writers line”) may belong to a person who embraces both these qualities.

Heart Line: A long life line indicates a strong capacity for love and compassion for others, where a shorter line is a sign that the subject may be guarded and have a hard time trusting others. A strong clear line belongs to a person who is very lucky in their love life. However, a line with many breaks and forks is an sign of heartache and loss.

Fate Line: This line is entirely optional, and also very difficult to decipher. A “True Fate Line” runs all the way from the top of the palm to the bottom. This type of line is very rare, and indicates a person who is ambitious and will find success easily in life. However, it is far more common to find a hand with no fate line at all.