

Discussion Circle Topics:

Lunar Energy

Ritual Etiquette

Perfect Love & Perfect Trust

Informed Consent

Directing energy

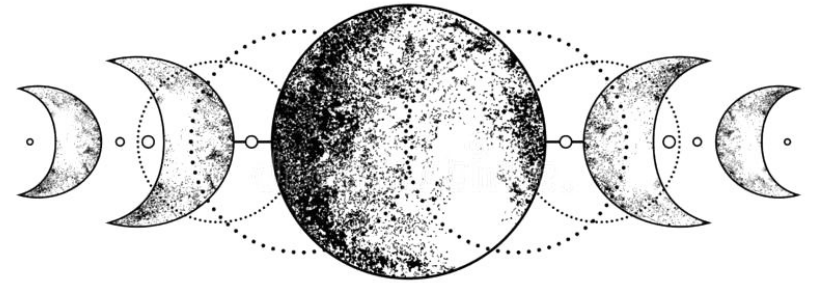
Circle casting

Calling Quarters

Altar Setup



Tree of Knowledge Coven



New Moon Lunar Ritual

New Moon Ritual

BUILDING THE TEMPLE

A circle of oats is poured around the sacred space, and the altar is decorated with symbols that reflect the new moon and what we want to bring into our lives.

BANISHING / CLEANSING

The ritual space will be cleansed with incense and bells. Each person will be cleansed with smoke before entering the sacred space.

GROUNDING

The group will join together in an “Earth Roots” meditation to connect with each other and the Earth around them.

CASTING THE CIRCLE

Acting Teacher will walk the boundary of the circle as the group visualizes a glowing sphere of white energy surrounding our sacred space.

AT: *“This is the boundary of the circle: Around us, above us, below us. As a sphere, the circle is cast and consecrated to aid us in our craft.”*

CALLING THE QUARTERS

Quarter Callers will take turns calling each direction from the heart, or with a script. Beginning with East, then South, West, and North

About Your Path

The Lunar Gatherings are an opportunity for you to experiment with group rituals and energy raising in a fun, safe, and supportive space. Though we will show you different ways to celebrate the lunar cycle, there is no “one true way” to celebrate nature. We encourage you to keep what feels right to you, discard any activities that don’t serve your spiritual needs, and change things around until you have a practice that is perfect for YOU!

If rituals aren’t your cup of tea, here are a few ways that you can celebrate the new moon and connect with the energy of this phase:

- ★ Embrace the darkness by limiting electricity after sundown. Use candles and turn off your phone.
- ★ Do a tarot spread to get a forecast for the new lunar month ahead.
- ★ Make a vision board of all the things that you want to manifest this month.
- ★ Use this time of mental clarity to write in your journal and reflect on your mental, physical, and spiritual needs.
- ★ Take a healing bath or shower and visualize all the worries and struggles of the last month washing away.

East: ***“I call upon the energy of Air, element of (communication and insight). We thank you for lending your energy to this sacred rite. Hail and farewell!”***

OPENING THE CIRCLE

(in the opposite direction of the casting)

Acting Teacher will walk the boundary of the circle as the group visualizes a glowing sphere of white energy fading, and the energy returning to the ground.

AT: ***“The circle is open, but unbroken. Though the circle is open, we carry its light into the world. Though we go our separate ways, our blessings for one another remain. Merry meet, merry part, and merry meet again”***

CLOSING THE TEMPLE

Once the circle is open, clear the space with bells, singing, or chanting. When the altar is packed up, make sure that no trash, candle stumps or anything is left behind, except biodegradable offerings.

Examples for Quarter Calling:

All echo “Hail and Welcome!” after the calling

East: “I call upon the energies of Air, element of (communication and insight). Hail and welcome!”

South: “I call upon the energies of Fire, element of (motivation and transformation). Hail and welcome!”

West: “I call upon the energies of Water, element of (compassion and healing). Hail and welcome!”

North: “I call upon the energies of Earth, element of (strength and stability). Hail and welcome!”

STATEMENT OF PURPOSE

Acting Teacher raises arms and speaks from the heart or says the following:

“Hail and welcome to all who gather here in this sacred space! Each member of our covens outer grove is like a great tree; though we stand strong on our own and grow in our own time, we are still connected to each other, the earth around us, and the divine. We gather today to support each other as we learn and grow together. Today, we share our energy as we work towards our goals as one.”

WORKING

All present will take a quiet moment to visualize all the wonderful things that they want to welcome into their life over the next month. You may even hold an item that represents your goals, and charge it with your energy.

When finished, light the candle and gaze into the flame. Repeat the words:

***“Like the dark moon, I know what
Is hidden from the light.
Goddess, grant me your wisdom
On this sacred night”***

Close your eyes and listen. You may have images or words drift through your thoughts, or you may even see shapes as you do in dreams. You may not see or experience anything, and that is fine, too. The important thing is being open to any messages you might receive. This is a good time to use divination tools (if you have them) or you might journal about your experience and wishes for the new month.

POWER RAISING & RELEASING

While visualizing our goals, the group will raise energy with drumming, singing, dancing, or chanting. A great New Moon chant is:

***“Waxing, waxing, growing, growing,
Diana’s power is flowing, flowing”***

COMMUNITON

Everyone will have a moment to recharge, nourish their bodies, and bless each other. As you pass the bread to the person beside you, offer the blessing, ***“May you never hunger”***. As you pass the drinks, say ***“May you never thirst”***.

HIATUS

This is a special moment in time when you can relax, enjoy the energy that you’ve raised, share readings with friends, meditate, or just lay back and connect with the Earth.

THANKS AND RELEASING

Elements will be released in the opposite order that they were evoked. Quarter Callers can speak from the heart, or follow this script:

North: ***“I call upon the energy of Earth, element of (strength and stability). We thank you for lending your energy to this sacred rite. Hail and farewell!”***

West: ***“I call upon the energy of Water, element of (compassion and healing). We thank you for lending your energy to this sacred rite. Hail and farewell!”***

South: ***“I call upon the energy of Fire, element of (motivation and transformation). We thank you for lending your energy to this sacred rite. Hail and farewell!”***

Thank you for joining us!
Our next holiday gathering
will be in Indy at Garfield
Park on September 19th at 4
pm. You can find more details
about upcoming holidays,
classes, and free printables on
our website:

treeofknowledgeindiana.com



Tree of Knowledge Coven



Group Ritual Guide



Our Ritual Structure

- I. **BANISHING / CLEANSING** (optional, not used in all rituals)
 - A. Smoke cleansing the space & each member
 - B. Asperging (with water)
 - C. Physical cleaning
 - D. Sound cleansing (bells, singing, intonation)
- II. **GROUNDING**
 - A. Guided meditation
 - B. Physical Movement
- III. **CASTING THE CIRCLE** (clockwise for “doing”, counter clockwise for “undoing”)
 - A. Walk the circumference with a blade, wand, or cleansing tool
 - B. All dance around the circumference
 - C. Visualization
- IV. **CALLING THE QUARTERS**
 - A. East (Air)
 - B. South (Fire)
 - C. West (Water)
 - D. North (Earth)
- V. **INVOKING DEITIES**
 - A. The Goddess
 - B. The God
Optional
 - C. Ancestors
 - D. Higher Self

- VI. **STATEMENT OF PURPOSE**

Clarifying the intention of the ritual
- VII. **WORKING**

Any spellwork, healing, charging, or creating is performed.
- VIII. **POWER RAISING & RELEASING**
 - A. Drumming, chanting, singing
 - B. Dancing, repetitive movement
- IX. **COMMUNITON**
 - A. Charging, blessing, and sharing food
 - B. Bless any food donations
- X. **HIATUS**
 - A. Meditation
 - B. Discussion (“Sacred Bullshit”)
 - C. Swap Divination readings
- XI. **THANKS AND RELEASING**
 - A. Deities, Spirits, Ancestors
 - B. Directions/Elements (in reverse order)
- XII. **OPENING THE CIRCLE** (in the opposite direction of the casting)
 - A. Closing the circle is usually done in the same manner that the circle was cast (with a blade, wand, through movement, etc)